



2017 UNITY EXPRESS TFC
 DEVELOPMENTAL SERIES # 2
 Sunday, April 23, 2017

Date: April 23rd
 Location: Franklin High School, 500 Elizabeth Avenue, Somerset NJ 08873
 Fee: \$12.00 per athlete
 Start Time: 9:00am (Track opens at 7:30 am) – FIELD EVENTS 8:30 am
 COACHES MEETING 8:45 am
 Host Team: Unity Express Track and Field Club
 Meet Director: Stacey Field Jr. (732-801-5869)
 Meet Coordinator: Stacey Field Jr. (732-801-5869)

Events Contested based on birth year as of 12/31/17:
 Bantam Girls & Boys – 8 & under Sub-Midget Girls & Boys – 9-10 year olds
 Midget Girls & Boys – 11-12 year olds Youth – 13-14 year olds
 High School Girls & Boys – 15-18 year olds

REGISTRATION WILL BE ONLINE ONLY at www.coacho.com. **REGISTRATION DEADLINE IS 11:59 PM.**

Date of Meet **Registration Deadline**
 April 23rd - Thursday April 20th

Additions and corrections can be made continuously online up to the **11:59 PM** deadline. **NO CHANGES WILL BE MADE AFTER DEADLINE!**

<u>Track Events</u>	<u>9:00AM (VIPER TIMING)</u>	<u>¼" spikes</u>
3000 Meter Run (MG, MB, YG, YB, HSG, HSB)		F
* 400 Meter Hurdles (HSB, HSG)		F
200 Meter Hurdles (YG, YB)		F
300 Meter Dash (5-6 year olds)		F
400 Meter Dash (All Divisions)		F
1500 Meter Run (All Divisions)		F
50 Meter Dash (5-6 year olds)		F
100 Meter Dash (All Divisions)		F
* 110 Meter Hurdles (HSB)		F
* 100 Meter Hurdles (YG, YB, HSG)		F
* 80 Meter Hurdles (MG, MB)		F
800 Meter Dash (All Divisions)		F
150 Meter Dash (5-6 year olds)		F
200 Meter Dash (All Divisions)		F

Field Events 8:30AM *IN ORDER CALLED. NO OPEN PIT*****

ATHLETES MUST BRING THEIR OWN IMPLEMENTS

Long Jump (All Div. Youngest to Oldest)
Triple Jump (YG, YB, HSG, HSB)
High Jump (All Div. Oldest to Youngest)
Shot-Put (BG, BB, SMG, SMB, MG, MB, YG, YB, HSG, HSB)
Discus Throw (HSG, HSB, YG, YB, MG, MB)
Javelin (YG, YB, HSG, HSB)
Turbo Jav (BG, BB, SMG, SMB, MG, MB)

AWARDS: Ribbons – 1ST through 8th Place.

A track and field meet can start one hour early or late. The Games Committee has no obligation to schedule meet events to the pleasure of those attempting multiple event entry. Intermediate and Young M/W will be combined into a High School Division, if the entries warrant it.

Packet Pick up: Sunday 7:30am at the track.

- This event is licensed by the Amateur Athletic Union of the U. S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU Youth Athlete membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection.
Be Prepared: Adult and Non Athlete memberships are no longer instant and cannot be applied for at event. Please allow 10 days for membership to be processed.
- Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.
- Note: Any contacts listed within this flyer MUST have a current valid AAU Membership.

Directions:

Franklin High School - 500 Elizabeth Avenue, Somerset NJ 08873

From 287 North or South:

Take exit 10, "Easton Avenue, New Brunswick" and follow signs for New Brunswick. You will be on Easton Avenue to Cedar Grove Lane. Turn right on Cedar Grove Lane. At the second light turn right on to New Brunswick Road, proceed to second light make left onto Elizabeth Avenue (100 yards to entrance) on right 500 Elizabeth Avenue.

From New Jersey Turnpike:

Take exit 9 onto Route 18 north to Easton Avenue exit. At light turn left on to (Landing Lane). Proceed to light (Easton Avenue), turn right. Take Easton Avenue approximately 6 lights to Cedar Grove Lane. Turn left at Cedar Grove Lane. At the second light turn right on to New Brunswick Road, proceed to second light make left onto Elizabeth Avenue (100 yards to entrance) on right 500 Elizabeth Avenue.

From Princeton Area:

Take Route 27 north to Kingston and Griggstown. At the light by Shogun, turn left onto South Middlebush Road to the end. Turn left onto Amwell Road (O'Connor's Beef and Chowder House). Take Amwell Road to Cedar Grove Lane at Mobil Station bear left at light. At the second light turn right onto Elizabeth Avenue.
Proceed 1 mile on your left, to the entrance of 500 Elizabeth Avenue.