



## AAU INDOOR NATIONAL CHAMPIONSHIP March 10 – March 12, 2017

**WHERE:** PG Sports & Learning Complex, Landover Maryland  
8001 Sheriff Rd.  
Landover, MD 20785

**SANCTIONED BY:** Amateur Athletic Union (AAU)

**HOST:** AAU Track & Field Executive Committee  
Darnell & Karen Hall, Meet Director  
E-mail: khall@vistamaria.org

**ELIGIBILITY:** This meet is open to any athlete that falls within the age divisions listed below. AAU individual and club memberships can be obtained through the AAU National Website [www.aausports.org](http://www.aausports.org). Each athlete aged **13-18 years** may enter in up to a **maximum of 4 events including relays**. Athletes aged **12 and younger** based on year of birth below may only enter in **3 events including relays**. Athletes aged **19 & Above (OPEN)** may enter in up to a **maximum of 4 events**. **RELAYS AND POLE VAULT WILL NOT BE OFFERED TO THE 19 & Above (OPEN) AGE GROUP.** *If an athlete is entered into too many events, meet management reserves the right to reject the athlete from one or more events without notification.*

**AGE DIVISIONS:** Age divisions are determined by year of birth. Listed below are the AAU Age Divisions.

- 5 & 6 Under Girls/Boys (Born 2010 and later) Maximum 3 Events including relays
- 7 & 8 Girls/Boys (Born 2009 and later) Maximum 3 Events including relays
- 9 Year Old Girls/Boys (Born 2008) Maximum 3 Events including relays
- 10 Year Old Girls/Boys (Born 2007) Maximum 3 Events including relays
- 11 Year Old Girls/Boys (Born 2006) Maximum 3 Events including relays
- 12 year Old Girls/Boys (Born 2005) Maximum 3 Events including relays
- 13 Year Old Girls/Boys (Born 2004) Maximum 4 Events including relays
- 14 Year Old Girls/Boys (Born 2003) Maximum 4 Events including relays
- 15-16 Year Old Girls/Boys (Born 2002-2001) Maximum 4 Events including relays
- 17-18 Year Old Girls/Boys (Born 2000-1999) Maximum 4 Events including relays
- 19 & Above Women/Men (Born 1998 & Below ) Maximum 4 Events (NO RELAYS OR POLE VAULT OFFERED)

**\*Athletes who are still eighteen (18) years of age through the final day (March 12<sup>th</sup>) of the AAU Indoor National Track & Field Championship shall be eligible to compete in the 17-18 year old division.**

**MEET ENTRY FEE:** Entry fee is **\$35.00** for each **athlete** for **Track & Field events**. All members of relay teams, including alternates, who have not entered an individual event, must pay a **\$35.00** entry fee. **ALL FEES ARE NON-REFUNDABLE AND NON-TRANSFERABLE. ALL ENTRY FEES MUST BE PAID ONLINE.** Entry will not be processed unless entry fee is paid by the deadline. All major credit cards accepted online. **Bring a legible copy of a birth certificate or proof of age, along with a 2017 AAU membership card for each athlete entered; Do not send in advance. All entry fees must be paid online.**

**ONLINE REGISTRATION: TBA**

**AS OF 11/21/2016**

**ENTRY PROCESS:**

All teams and unattached athletes must utilize the online entry process via [www.aauathletics.org](http://www.aauathletics.org). This will permit a very efficient registration process that is easy to use. Everyone will have until 11:59pm CST, **Tuesday, March 7, 2017** to complete registration. Immediately after registering online, you will receive a receipt from the website, which will produce a list of all athletes registered for the meet. This receipt should be used as your transcript of your meet entries. If your athletes do not appear on the confirmation, they are not registered for the meet. Please take care of these issues prior to arriving in Landover Maryland, if at all possible. ***Absolutely no entries will be accepted after March 7, 2017.***

**DEADLINE DATE:**

**ONLINE REGISTRATION ONLY: [WWW.ATHLETICS.ORG](http://WWW.ATHLETICS.ORG) . REGISTRATION WILL BE OPEN UNTIL March 7, 2017.**

**PACKET PICKUP:**

**FRIDAY, MARCH 10, 2017, 9:00AM – 12:00 NOON ONLY – PACKETS WILL BE AVAILABLE AT THE HOST HOTEL (Courtyard By Marriott – Largo Capital Beltway, 1320 Caraway Court, Largo MD 20774).** A packet will be provided for each team consisting of team roster and events entered.

A team representative will be responsible for picking up the packets. All teams are urged to pickup packets on Friday as the lines on Saturday can be long.

**FRIDAY, MARCH 10<sup>TH</sup>, 3:00PM-8:00PM, SATURDAY, MARCH 11<sup>TH</sup>, 7:00AM-4:00PM and SUNDAY, MARCH 12<sup>TH</sup>, 7:00AM-12:00PM - PACKETS CAN BE PICKED UP AT THE TRACK FACILITY (PG Sports & Learning Complex).**

**AWARDS:**

In individual and relay events, awards will be presented for participants who finish 1<sup>st</sup> – 8<sup>th</sup> place.

**ADMISSION:**

There will be a **\$6.00 gate fee charge per person per day**. All coaches will receive one free pass for 4 or more athletes, two free passes for 5 to 15 athletes and 3 free passes for 16 or more athletes in their packet. All Children 6 and under will be admitted free. All Registered athletes with a 2017 AAU Card and Competition Number will also be admitted free.

**FACILITY:**

PG Sports & Learning Complex Indoor track facility contains an 8-lane straightaway as well as providing 6 lanes around the oval. **Only 1/4” or smaller pyramid spikes are allowed.** Fully Automatic Timing & results will be done using Finish Lynx Cameras interfaced with Hy-Tek Meet Manager. No radios, glass containers, or alcoholic beverages are allowed in the facility.

**REFRESHMENTS:**

A Full Service Concession Stand will be provided as well as a hospitality area for officials.

**RESULTS:**

Results will be posted on line at [www.aauathletics.org](http://www.aauathletics.org) and [www.coacho.com](http://www.coacho.com).

**COMPETITOR BIB NUMBERS:**

Competitor bib numbers will be issued at athlete check-in. All athletes will be required to wear their bib numbers on the front of your competition singlet at all times of competition. **There is a ten-dollar (\$10.00) replacement fee for lost bib numbers.** Replacement bib numbers can be purchased at the clerking area.

**IMPLEMENTS:**

Athletes may bring their own implements to use during competition.

**PROTESTS:**

Protests concerning the status or eligibility of any competitor must be made to the AAU Youth Athletics Committee prior to the commencement of the meet, or the Referee during the meet. Protests relating to matters, which develop during the conduct of the meet, must be made to the Referee and be filed at once, but in any case not more than 30 minutes after the result has been announced. Protests **MUST** be filed in writing and presented to the Meet Director accompanied by a cash deposit of \$100.00. The Referee shall consider all available official evidence. When the Referee renders his/her decision, there is still the right of appeal to the Jury of Appeals. The jury’s decision is final. If the protest is denied, the cash deposit will be forfeited. **PROTESTS CONCERNING JUDGMENT CALLS WILL NOT BE ACCEPTED.**

**AIR TRAVEL:**

Baltimore-Washington International Airport (BWI) is approximately 30 mins away from PG Sports & Learning Complex.

**HOST HOTEL:**

**Courtyard By Marriott – Largo Capital Beltway**, will serve as the host hotel for the meet. Hotel information is listed below

HOTEL	LOCATION	PHONE	AMENITIES	RATE
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AS OF 11/21/2016

	<u>1320 Caraway Court, Largo MD 20774</u>	(301) 925-1400	INDOOR POOL	TBD
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Please be sure to indicate that you are participating in the AAU Indoor National Track & Field Championship. Rooms must be reserved by **February 10, 2017** to ensure you get the best rate.

## FINAL SCHEDULE



## AAU INDOOR NATIONAL CHAMPIONSHIP March 10 – March 12, 2017

All Running events will start at the designated time listed each day. Listen to announcements and check-in to the designated check-in area for your event at least 30 minutes early. Any athlete that does not check-in before their schedule heat is run will be scratched from the event.

**Please note:** OPEN division is for ages 19&Above. No Relays, Race Walk or Pole Vault will be offered for the OPEN division.

### Friday – March 10, 2017

**This is a rolling schedule**

6:00PM 400 Meter Dash – SEMI-FINAL – Starting with 5-6 Year Old Boys - OPEN – (top 8 times advance to finals)

### Saturday – March 11, 2017

**This is a rolling schedule**

9:00AM 4 x 400 Meter Relay – TIMED FINAL - Starting with 7-8 year old Boys – 17/18 years old  
3000 Meter Run - TF – Starting with 11 Year Old Boys – OPEN - Age Groups may be combined by gender  
60 Meter Hurdles – SEMI-FINAL - Starting with 11 Year Old Boys - OPEN – (top 8 times advance to finals)  
60 Meter Dash – SEMI-FINAL – Starting with 5-6 Year Old Boys - OPEN – (top 8 times advance to finals)  
1500 Meter Race walk - TF- All Age Groups Combined - 9 Year Olds B/G – 12 Year Olds B/G  
800 Meter Run – TIMED FINAL - Starting with 7-8 year old Boys - OPEN  
200 Meter Dash – SEMI-FINAL - Starting with 5-6 Year Old Boys - OPEN – (top 8 times advance to finals)

### Sunday – March 12, 2017

**This is a rolling schedule**

9:00AM 4X800 Meter Relay - TIMED FINAL - Starting with 7-8 year old Boys – 17/18 year old  
60 Meter Hurdles – FINAL - Starting with 11 Year Old Boys - OPEN  
60 Meter Dash – FINAL - Starting with 5-6 year Old Boys - OPEN  
400 Meter Dash – FINAL - Starting with 5-6 year old Boys – OPEN  
1500 Meter Run – TIMED FINAL - Starting with 7-8 Year Old Boys – OPEN - Age Groups may be combined by gender  
200 Meter Dash – FINAL - Starting with 5-6 year old Boys - OPEN  
3000 Meter Race-walk – TF - All Age Groups Combined – 13 Year Olds – 17/18 Year Olds  
4 x 200 Meter Relay – TIMED FINAL - Starting with 5-6 year old Boys – 17/18 years old

- **NOTE: If there are not enough runners in Semi-Final, event will be run as a Final at that time.**
- **NOTE: Some distance races may be combined due to the number of participants.**

## FINAL SCHEDULE



### AAU INDOOR NATIONAL CHAMPIONSHIP March 10 – March 12, 2017

All Field Events will follow schedule below. **This is a rolling schedule.** Listen to announcements for calls to your Field Event. Any athlete who does not check-in before their designated flight starts will be scratched from the event. Field Event athletes who have a conflict with a running event will be released by the **Field Event official – ONLY** - at the appropriate time. **Field Event athletes will have 10 minutes to report back to their Field Event after their running event** and be ready to compete.

Long Jump, Shot Put will be contested with three preliminary jumps or throws and the top 8 will qualify for the finals with three additional jumps or throws.

### **This is a rolling schedule**

**Friday**      **March 10<sup>th</sup>**

**Time**      **Long Jump 1**

**6:00pm**    15-16B/ 15-16G      17-18 B/17-18G      OPEN(19-Above)

**Saturday**    **March 11<sup>th</sup>**

<b>Time</b>	<b>Long Jump 1</b>	<b>High Jump 1</b>	<b>Shot Put 1</b>	<b>Pole Vault</b>
<b>8:00am</b>	13B/13G	9B/9G	12B/12G	13G
	14B/14G	10B/10G	11B/11G	14G
		11B/11G	10B/10G	15-16G
		12B/12G	9B/9G	17-18G
			7-8B/7-8G	

**Sunday**      **March 12<sup>th</sup>**

<b>Long Jump 1</b>	<b>High Jump 1</b>	<b>Shot Put 1</b>	<b>Pole Vault</b>
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**AS OF 11/21/2016**





**Time**

<b>8:00am</b>	5-6 G/ 5-6B	13G/13B	17-18 G/17-18B	13G
	7-8G/7-8B	14 G/ 14B	15-16G/ 15-16B	14G
	9G/9B	15-16G/ 15-16B	14 G/ 14B	15-16G
	10G/10B	17-18 G/17-18B	13G/13B	17-18G
	11G/11B	OPEN(19-22)	OPEN(19-22)	
	12G/12B			

**\*All Triple Jumps** start at the conclusion of Long Jump 12 G/12 B

Starting with 13G/13B, 14G/ 14B, 15-16G/ 15-16B, 17-18 G/17-18B

### HOTEL ACCOMODATIONS

HOTEL	LOCATION	PHONE	AMENITIES	RATE
	8330 Corporate Drive, Landover, MD, 20785	(P) (800) 321-2211 or (301) 577-3373  Must reserve by Feb. 10 <sup>th</sup>	INDOOR POOL	TBD
	1330 Caraway Court Largo, MD 20774 USA	(P) 1-301-925-7806	INDOOR POOL	TBD
	9100 Basil Court, Largo MD. 20774	(P) 301-773 -0700  Must reserve by Feb.10 <sup>th</sup>	INDOOR POOL	TBD
	5910 Princess Garden Parkway Lanham, MD 20706	(P) (301) 459-1000  Must reserve by Feb. 10 <sup>th</sup>	BREAKFAST INDOOR POOL	TBD

Please be sure to indicate that you are participating in the AAU Indoor Track & Field Championship.  
**Rooms must be reserved by the date listed** to ensure you get the best rate.

This event is licensed by the Amateur Athletic Union of the U.S., Inc.

All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event.

AAU Youth Athlete membership must be obtained before the competition begins.

BE PREPARED! Adult and Non Athlete memberships are no longer instant and cannot be applied for at event.

Please allow at least 10 days for membership to be processed.

Participants are encouraged to visit the AAU website [www.aausports.org](http://www.aausports.org) to obtain their membership.