

# 2017 NIAGARA DISTRICT CHAMPIONSHIPS

Meet Director: Shawn Austin | (585) 245 - 3438 | [shawn@bluewavediving.org](mailto:shawn@bluewavediving.org)

## Entries and Fees

### \$25 Per Event

Register at: [www.divemeets.com](http://www.divemeets.com)

\$15 Late fee after 5/17/2017

**Note:** All divers must have participated in at least two district events during the 2016/2017 season.

## Awards

Medals will be awarded to top 3

Ribbons awarded to 4th - 8th



## SUNY Geneseo Merritt Athletic Center

### Alumni Pool

14' Diving well separated by floating bulk head.

2 - 1 Meter Maxiflex Model B Springboards

1 - 3 Meter Maxiflex Model B Springboard

Address: SUNY Geneseo  
1 College Circle  
Geneseo, NY 14425

## Event Schedule

Novice Events	FINA Events
8:00 - 8:45: Open Warm Up	12:00 - 1:00PM Open Warm Up
9:00 Event 1: 13/U Boys 1M and Girls 3M	1:00 Event 5: 11/U Boys 1M and Girls 3M
9:40 Event 2: 13/U Boys 3M and Girls 1M	1:45 Event 6: 11/U Boys 3M and Girls 1M
10:20 Event 3: 14 + Boys 1M and Girls 3M	2:30 Event 7: 12 + Boys 1M and Girls 3M
11:20 Event 4: 14 + Boys 1M and Girls 3M	3:30 Event 8: 12 + Boys 3M and Girls 1M
There will be a 20 minute warm up between each even! (times are approximate)	

## Competition Requirements

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### Novice Events

#### **NOVICE 9 & Under** **4 Dives or Skills**

#### **NOVICE 10-11** **5 Dives or Skills**

#### **NOVICE 12-13** **6 Dives or Skills**

#### **NOVICE 14-15** **6 Dives or Skills**

#### **NOVICE 16-18** **7 Dives or Skills**

### **Skills Bank**

- 100 A Front Jump Straight
- 100 B Front Jump Pike
- 100 C Front Jump Tuck
- 200 A Back Jump Straight
- 200 B Back Jump Pike
- 200 C Back Jump Tuck
- 5101 Front Jump ½ Twist
- 5102 Front Jump 1 Twist
- 5104 Front Jump 2 Twist
- 5201 Back Jump ½ Twist
- 5202 Back Jump 1 Twist
- 5203 Back Jump 1½ Twist
- 001 A Forward Standing Entry Straight
- 001 B Forward Entry Pike Standing or seated
- 001 C Forward Entry Tuck squatting or seated
- 002 A Back Entry Standing Straight
- 002 B Back Entry Standing Pike (3M only)
- 002 C Back Entry Tuck – (Squatting or Seated)

### AAU/FINA Events

Events will be National qualifying events and will follow FINA rules. No changes will be made to diving sheets 1 hour prior to the start of the FINA Events

#### **AAU/FINA Boys and Girls 9 & Under**

**4 Dives:** 3 vols (max dd 5.4) & 1 op

#### **AAU/FINA Boys and Girls 10-11**

**5 Dives:** 3 vols (max dd 5.4) & 2 op

#### **AAU/FINA 12-13**

**Boys 8 Dives:** 5 vols & 3 ops

**Girls 7 Dives:** 5 vols & 2 ops

1M Max vol DD 9.0

3M Max vol DD 9.5

#### **AAU/FINA 14-15**

**Boys 9 Dives:** 5 vols & 4 ops

**Girls 8 Dives:** 5 vols & 3 ops

1M Max vol DD 9.0

3M Max vol DD 9.5

#### **AAU/FINA 16-18**

**Boys 10 Dives:** 5 vols & 5 ops

**Girls 9 Dives:** 5 vols & 4 ops

1M Max vol DD 9.0

3M Max vol DD 9.5

***Dives in vols and ops must be done from different categories.***

### **Divers will dive in their FINA age group – Age as of December 31, 2017**

- This event is licensed by the Amateur Athletic Union of the U. S., Inc.
- All participants must have a current AAU memberships
- AAU membership may not be included as part of the entry fee to the event.
- Participants are encouraged to visit the AAU web site [www.aausports.org](http://www.aausports.org) to obtain their membership.
- AAU Youth Athlete membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection. **Be Prepared:** Adult and Non Athlete memberships are no longer instant and cannot be applied for at event. Please allow 10 days for membership to be processed.