

# D. HALL SPRINT SERIES



Season Kick Off	Snowflake Classic	Christmas Classic	Freshman Night	Relay & Senior Night
12/1/16	12/15/16	12/22/16	1/5/17	2/2/17
<b>1</b> 1600m Run	<b>1</b> 60m H (Semis)	<b>1</b> 1600m Run	<b>1</b> 1600m Run	<b>1</b> 1600m Run
<b>2</b> 60m H (Semis) *	<b>2</b> 60m D (Semis)	<b>2</b> 400m Dash	<b>1b</b> 1600m Run FRESHMAN	<b>2</b> SMR (4-2-2-8)
<b>3</b> 60m D (Semis) *	<b>3</b> 1600m Run	<b>3</b> 60m H (Semis)	<b>2</b> 60m H (Semis)	<b>3</b> 60m H (Final)
<b>4</b> 800m Run	<b>4</b> 60m H (Final)	<b>4</b> 60m D (Semis)	<b>3</b> 60m D (Semis)	<b>4</b> 60m D (Final)
<b>5</b> 60m H (Final) **	<b>5</b> 60m D (Final)	<b>5</b> 4 X 800m	<b>4</b> 800m Run	<b>5</b> DMR (12-4-8-16)
<b>6</b> 60m D (Final) **	<b>6</b> 400m Dash	<b>6</b> 60m H (Final)	<b>5</b> 60m H (Final)	<b>6</b> 800m Run
<b>7</b> 200m Dash	<b>7</b> 800m Run	<b>7</b> 60m D (Final)	<b>6</b> 60m D (Final)	<b>7</b> Middle School 4X2
<b>8</b> 3200m Run	<b>8</b> 200m Dash	<b>8</b> 3200m Run	<b>6b</b> 60m D (Final) FRESHMAN	<b>8</b> 4 X 200m Relay
<b>9</b> 4 X 400m	<b>9</b> 3200m Run	<b>9</b> 4 X 200m	<b>7</b> 3200m Run	<b>8B</b> 4 X 800m Relay
	<b>10</b> 4 X 400m		<b>8</b> 400m Dash	<b>9</b> 4 X 400m Relay
			<b>8b</b> 400m Dash FRESHMAN	
			<b>9</b> 200m Dash	

\* (In the Spirit of "Training" combined with first meet of the season, ALL will Advance to Finals).

\*\* (Heats in the Finals will be arranged from Prelims, in the order of Slowest To Fastest times)

**TROPHIES AWARDED TO THE FIRST PLACE FINISHER IN THESE EVENTS**

- This event is licensed by the Amateur Athletic Union of the U.S. Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU Youth Athlete membership must be obtained before the competition begins.
- **BE PREPARED!** Adult and Non Athlete memberships are no longer instant and cannot be applied for at event.
- Please allow at least 10 days for membership to be processed.
- Participants are encouraged to visit the AAU website [www.aausports.org](http://www.aausports.org) to obtain their membership.

Please note: Practice meets and sessions will begin November 28 – March 20, 2017 on Monday, Tuesday, Wednesday and Fridays. These practice meets and sessions will be non-competitive and used as a learning environment for those athletes and coaches that need to work on technique, skill and the fundamentals of track & field within a competition environment.