

GCST Spring Splash

Saturday, May 13, 2017
Paragould Community Center

Hosted By: Greene County Swim Team

Date & Start Time: Saturday, May 13, 2017. Warm Ups will begin at 8:00 am with the meet starting at 9:15 am.

Stroke & Turn Officials Meeting	8:30 am
Timers Meeting	8:50 am
Coaches Meeting	9:00 am

Location: Paragould Community Center, 3404 Linwood Drive/Hwy 49, Paragould

Facility: This is an 8-lane, 25 yard pool. We will be using the Colorado Timing System without touchpads. The therapeutic pool will not be open.

License: This event is licensed by the Amateur Athletic Union of the U. S., Inc.

- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connect. Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.

All coaches attending must have 2017-2018 AAU Non-Athlete membership and have taken their current level of Positive Coaching Alliance certification.

Bullpen: No bullpen will be used.

Eligibility: AAU Registered athletes. The age of the swimmer on May 13, 2017 will be the athlete's competition age.

Events: All events will be **timed finals**. Submit swimmer's best short course yard times to ensure proper seeding.

Entries: All teams enter using Hy-Tek. Entries must include each swimmer's name, (first and last), AAU number, DOB and event. Please send entry times in short course yards.

Entry Limit: Each swimmer may swim a maximum of **five (5) individual** events and **one (1) relay**.

Entry Fees: There is a flat \$20 fee per swimmer. Fees need to be paid before the start of the meet made payable to Greene County Swim Team. Please make one team check.

Entry Deadline: Entries must be submitted no later than 1:00 pm on Friday, May 5th. Deck Entries may be made if the swimmer is already entered in the meet and if there is an open lane in the event. NO new heat will be made.

Send entries to Amy Adams at aadams@paragould.com. Contact phone number is 870-215-3967. Please indicate contact name and phone number on your entry for any questions. Verification that your entries were received will be sent back via e-mail. A **heat sheet** will be available for purchase for \$5 at the meet.

Scoring: Individual events: 9, 7, 6, 5, 4, 3, 2, 1.

Results: Will be posted during the meet.

Awards: Ribbons will be given for places 1-8. High Point trophies will be given in each age group (8 & Under, 9-10, 11-12, 13-14, 15-18). Various ages will swim together but scored and placed in proper age groups.

Rules and Safety: This is an AAU licensed meet and USA rules shall govern this meet. Possessing a still or video camera or a cell phone with video capability is absolutely prohibited in all dressing areas, locker rooms, bathrooms, or any other location where swimmers may be dressing. Any person found possessing such devices in these areas will be asked to leave the meet. Please remind parents that any concerns should be directed to their child's coach and **NOT** to any officials or coaches of other teams.

Smoking: Smoking and use of other tobacco products is prohibited on the pool deck, in the bathrooms, in spectator seating or standing areas, and in all other areas used by swimmers (including outside area), during the meet and during the warm-up periods in connection with the meet. Personal vehicles are the best places to smoke for the safety of the swimmers.

Alcoholic Beverages: Alcoholic beverages are prohibited in all areas of the venue, including, but not limited to, pool deck, bathrooms, spectator seating or standing areas, and in all areas used by swimmers.

Concessions: Food and beverages will be available at the concession stand. **NO GLASS CONTAINERS WILL BE ALLOWED ON THE POOL DECK.**

Officials & Timers: We are will need assistance in both of these areas. If anyone is willing to help Stroke & Turn or time, please let us know. An announcement will be made for volunteers at the beginning of the meet.

Warm-ups: Please enter the pool feet first unless you are doing one way starts. When diving, all swimmers must only swim one way. We will determine warm-up times after all entries are in and they will be sent out prior to the meet.

Lodging:

Holiday Inn Express
3502 Linwood Drive
Paragould, AR 72450
(870) 236-9999

Super 8
3009 Linwood Drive
Paragould, AR 72450
(870) 239-2161

Hampton Inn Paragould
3810 Linwood Drive
Paragould, AR 72450
(870) 565-1010