



SATURDAY APRIL 29TH, 2017

**ROCKY RIVER HIGH SCHOOL
10505 CLEAR CREEK COMMERCE DRIVE
CHARLOTTE, NC 28227**

**COACHES MEETING AT 8:00AM
MEET START TIME AT 8:30AM**

REGISTRATION COST: \$14.00 PER ATHLETE

Welcome to the **12th Annual Bring the Heat Invitational**. Due to the growth of the meet and time restraints at the facility, there will be a **"Meet Entry Cap of 1,400 athletes"** Once the meet capacity is reached no other athletes will be added. 12-Under Maximum 3 events and 13-Up Maximum 4 events. **All registration must be done online at www.Coacho.com**. Deadline for registration is 11:59pm Wednesday April 26th, 2017. **All entry payments must be paid online with a credit card. ABSOLUTELY NO REFUNDS!! IF NO PAYMENT IS RECEIVED YOUR ENTIRES WILL BE REMOVED.** **MEET DIRECTOR:** Coach Will **Bringheatinvite@hotmail.com** or 704-906-0160. All athletes must have on their **"Bib Number"** to compete. Finish Lynx FAT Timing with **"Live Results"**. No tape decks, radios or glass containers allowed at the facility. **No add-ons the day of the meet.** **www.Charlotteheattc.com** has previous year's meet results, meet records, and Live Results during the meet.

Follow us for meet updates and photos



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Go to CHARLOTTEHEATTC.COM TO "WATCH LIVE" & "LIVE RESULTS"

WATCHLIVE
MileSplit.com

	6 & Under Pee-Wee	7-8 Sub-Bantam	9-10 Bantam	11-12 Midget	13-14 Youth	15-18 High School
100 Meters	X	X	X	X	X	X
200 Meters	X	X	X	X	X	X
400m Meters		X	X	X	X	X
800 Meters		X	X	X	X	X
1500 Meters		X	X	X	X	X
4x100 Co-Ed Relay	X					
4x100 Relay		X	X	X	X	X
Shot Put		X	X	X	X	X
Discus				X	X	X
Long Jump		X	X	X	X	X

Event Rolling Schedule

Start time is 8:30am

1500m

100m

400m

200m (6-under Timed finals)

200m (7-up Semi-finals)

800m

200m Finals

4x100 Relay

Presentation of Team Awards

Field Event

First call at 9:00am

Shot Put (Youngest to Oldest)

Discus (Oldest to Youngest)

Long Jump (Youngest to Oldest)

AWARDS

TEAM AWARDS for 1st – 3rd PLACE DIVISIONS: Small-Medium-Large Teams

Team Division size will be determined once all entries are complete

**Individual Medals will be given to the Top 3 and ribbons for 4th & 5th place
Trophy will be awarded to any team or athlete that breaks a BTH meet record!!**

Top 8 individual event finisher's points will be added for team score

AGE DIVISIONS

6 & Under (Pee-Wee)
7 -8 (Sub-Bantam)
9-10 (Bantam)
11-12 (Midget)
13-14 (Youth)
15-18 (High School)

- **ATHLETES WILL ONLY BE ALLOWED 3 ATTEMPTS FOR ALL FIELD EVENTS.**
- **PEE-WEE'S 4X100 RELAY IS THE ONLY EVENT THAT CAN COMBINE GENDERS.**
- **RELAYS DIVISIONS: 7-8, 9-10, 11-12, 13-14, 15-18**
- **ALL EVENTS ARE TIMES FINALS "EXCEPT THE 200M"**

Heat Assignments

**Due to the fact that all events are timed finals, heats will be assigned according to time.
Please be sure to list your athlete's fastest time when entering entries or "NM" for no mark.**

Tent Space

No tents will be allowed past the top six rows of the bleachers. There will be plenty of tent space around the track to setup.

Direction to the Track

From High Point/Greensboro/Raleigh-Durham/Virginia:

Take I-85 South toward Charlotte. Get off at exit 48 to merge onto I-485 S toward Rock Hill. Drive about 12 miles to exit 43 for NC 51 toward Mint Hill. Turn left onto Blair Road. Drive back over I-485 about 1-2 miles. Turn left onto Allen station Drive. When approaching Clear Creek Commerce Drive bare right and follow the Visitors Parking sign to the track.

From Winston-Salem Area

Take 52 South to I-85 South toward Charlotte. Get off at exit 48 to merge onto I-485 S toward Rock Hill. Drive about 12 miles to exit 43 for NC 51 toward Mint Hill. Turn left onto Blair Road. Drive back over I-485 about 1-2 miles. Turn left onto Allen station Drive. When approaching Clear Creek Commerce Drive bare right and follow the Visitors Parking sign to the track.

From Spartanburg, South Carolina/Atlanta, Georgia Area:

Take I-85 North toward Charlotte. Take the I-485 South Exit, Exit 30, toward I-77 South/Pineville/Statesville. Take the I-485 Outer S exit toward I-77 South/Columbia. Merge onto I-485. Stay on I-485 for about 26 miles. Take exit 43 for NC 51 toward Mint Hill. Turn right onto Blair Road. Drive down about 1-2 miles and Turn left onto Allen station Drive. When approaching Clear Creek Commerce Drive bare right and follow Visitors Parking sign to the track.

From Columbia, South Carolina Area

Take I-77 North toward Charlotte. Merge onto I-485 East via Exit 1 toward Pineville. . Stay on I-485 for about 26 miles. Take exit 43 for NC 51 toward Mint Hill. Turn right onto Blair Road. Drive down about 1-2 miles and Turn left onto Allen station Drive. When approaching Clear Creek Commerce Drive bare right and follow Visitors Parking sign to the track.

From Rockingham/Monroe Area:

Drive on US-74 toward Charlotte. Merge onto I-485 East toward Greensboro. Drive about 8 miles. Take exit 43 for NC 51 toward Mint Hill. Turn right onto Blair Road. Drive down about 1-2 miles and Turn left onto Allen station Drive. When approaching Clear Creek Commerce Drive bare right and follow Visitors Parking sign to the track.

From Tennessee/Asheville Area:

Take I-40 East towards Winston-Salem. Take I-77 South towards Charlotte. Merge onto I-85 North. Get off at exit 48 to merge onto I-485 S toward Rock Hill. Drive about 12 miles to exit 43 for NC 51 toward Mint Hill. Turn left onto Blair Road. Drive back over I-485 about 1-2 miles. Turn left onto Allen station Drive. When approaching Clear Creek Commerce Drive bare right and follow the Visitors Parking sign to the track.

- This event is licensed by the Amateur Athletic Union of the U.S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU **Youth** Athlete membership must be obtained before the competition begins, except where the event operator has a laptop available with an internet connection.
Be Prepared: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at an event.
Due to background screenings, please allow up to 10 days for adult memberships to be processed.
- Participants are encouraged to visit the AAU website www.aausports.org to obtain their membership.
- **Note: any contacts listed within this flyer MUST have a current AAU Membership.**